



## **A Goal to Pursue is a Source of Motivation**

19-20 Outstanding Student Awardee

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Setting up goals in life give us motivation, and the reason to live. Goals are like invisible hands that push us forward on our road of pursuit. The discovery of such a goal in BLMCSS was a revolutionary change in my attitude of life, and it came as a surprise how powerful goals can be in one's life.

Everything started when I entered F.4. One day, I received an email from the Principal. It was an invitation to the Physics Training Team that he organized. When I was considering whether to accept it, my friends messaged me and invited me to join it together. At last, I decided to accept the invitation, and my days in the training team started.

As I dug deeper and deeper into the world of Physics, I started to notice its powerful capabilities. Physics quantifies this complicated world into concise and elegant Mathematical equations. Through these equations, we can analyze everything from atomically minute to cosmically gigantic. Captivated by its brilliance, I started to like Physics.

Just shortly after the training has started, I have received yet another invitation from the Principal. This time, it was an invitation to a Physics competition that will be held two months later. At first, I was very uncertain whether I could handle such a competition with what I've learnt in this short period. However, as a challenge to myself, I accepted the invitation and decided to learn the rest on my own.

With great motivation and determination, I was able to keep myself away from giving up while I put myself to intense training. After I accepted the Principal's invitation, I started rushing through all of the learning materials and worked on some tricky Physics questions. In the process, I faced a lot of difficulties, and I had heaps of unanswered questions. Thankfully, I was able to get a lot of help from the Principal and my friends, and I finally got through them and finished the preparations in time.

There is only so much I can do in such a short time, and originally, I didn't have much expectation for myself. However, contrary to my belief, the results were decent, not disastrous. I was overjoyed, and the sense of accomplishment brought me even more motivation to continue my endeavors in Physics.

Despite my present achievements, I was a very different person before I arrived at BLMCSS. I had no goals in life, and there was nothing left to do besides schoolwork and ECAs. In complete contrast, I have

found many goals throughout my five years in here. I have taken up Japanese on my own after being entranced by Japanese anime and pop songs, and studied Biology due to my curiosity about the mechanisms of life (and also to make up for not choosing it as an Elective). Whenever I had an interest, and a goal to work towards (like a deadline for a competition or examination), I was able to endlessly motivate myself not to give up no matter how tiring it may be.

There are also many other people that I am grateful for that helped me grow up. The Principal has given me many learning opportunities, plentiful learning resources, and wonderful tutoring that formed the basis of my learning in Physics. Friends around me would cheer me up whenever I felt depressed from failures, and some of them having common interests with me would discuss together, and their support enhanced my determination during the pursuit of my goals. Teachers in BLMCSS are very friendly and understanding, and they would patiently teach us and answer our questions until we understood, even if they have repeatedly explained it. Lastly, the freedom and encouragement that my parents have given me are imperative for my activeness.

Michelle Obama has once said: "The only limit to the height of your achievements is the reach of your dreams and your willingness to work for them." Success is not definite. Even so, the process of finding and setting up a SMART goal, and the unconditional effort and work that you dedicate to the pursuit of your goals will ultimately pay off.

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