

I can make a real difference

It is my pleasure to share my own experience on voluntary works.

When I was a member of Red Cross Youth Unit 109, I had joined services which were serving school. For instance, I provided first aid services at swimming gala, athletic meet and sick room. For serving the community, I had visited the elderly and mentally disabled.

Thereafter I became service leader then the Head Section Leader of Red Cross Youth Unit 109. I always ask for opportunities to participate in different volunteer services as a role model in Red Cross Youth Unit 109. I paid attention in the team spirit and encouraged them to join in services. At the same time, I started organizing and carrying out service to serve community. I had organized a service in the form of carnival in autumn. As humidity is low in autumn, fire can occur easily. So, I decided to have a fire-prevention education. The works involved liaising with external organization and members; drawing up plans; implementing the project and driving members' participation. That service was very successful as there were more than 200 beneficiaries and the members thought they had learnt a lot in the service. Outside the Hong Kong Red Cross, I had taken part in voluntary services suggested by school teachers. For example, distributing lunch boxes to needy, recycled the food from food market and redistributed it. I show my enthusiasm in serving others.

One of the better-known benefits of volunteering is the impact on the community. Volunteering allows me to connect with my community and make it a better place. Even helping with the smallest tasks, it can make a real difference to the lives of people in need. I feel happy as I can help many beneficiaries. Through voluntary works, I improved my communication skills, built up a good relationship with others and also became more confident. Volunteering can provide a healthy boost to our self-confidence, self-esteem, and life satisfaction. It provides a natural sense of accomplishment. The role as a volunteer can also give me a sense of pride and identity to have a positive view of my life and future goals.

Voluntary work is a great way to meet new people and is a fun and fulfilling activity. Everyone, let's not look down upon the efforts that an individual can pay. A little step of ours signifies a great step to the whole city. Let's join voluntary works together. Thank you!